058 The Operator Who Never Stops

Perspective Fieldbook · https://kb.jeffreysummers.com/docs/058-the-operator-who-never-stops-2/

The Demand

Tomorrow, build one designed pause into your shift — a micro-pause between rushes, a strategic pause to check the week, or a reflective pause at close. The operator who never stops moving never gets the distance needed to actually see the building. Schedule the pause; don't wait for it to happen on its own.

The Work

Rate how often you actually stop moving long enough to examine the pattern you're managing — 1 (never) to 5 (built into my week):
Name the one designed pause you will build into tomorrow's shift:
☐ The micro-pause — a beat before responding to anything significant
☐ A strategic pause to check the week
☐ A reflective pause at close
When you will schedule it, specifically:
What you expect to see once you actually get the distance to look: